

# City of Angels Half Marathon Race-day Instructions

## THANK YOU

Thank you for choosing to run the third annual City of Angels Half Marathon. On race day when you cross the finish line you will not only have done something worthwhile for health but, you will have also helped to raise funds for science education programs. All the net proceeds raised from this race support Grove of Hope, a Los Angeles based nonprofit organization. We hope your race day experience will be a memorable one. Please read this material carefully as it contains information vital to you and the safe conduct of the race.

## BIB PICKUP

There is no pre-race expo this year. Unless you elected the bib mail-back option upon registering for the race, you must pick up your bib at the Los Angeles Zoo start line assembly area.

Once you arrive at the Los Angeles Zoo start line assembly area, you should proceed to the Registration Center to pickup your bib. Bibs will be distributed in queues according to your bib number. The number you received with your email-confirmation does not correspond to your bib number. You will need to determine your bib number at the registration tables which will have lists of all registered race participants sorted by last name with a corresponding bib number. Please bring a copy of a photo id so that we can verify your registration.

## TIMING

New for 2008, the race will be timed using the Chrono Track System. Each runner will receive, attached to his/her bib, a light, disposable tag that is to be attached to your shoe. The tag comes with instructions. The tags are disposable and do not need to be returned after you cross the finish line.

## FINISHER'S SHIRTS

T-shirts may be picked at the finish line festivities area. Please do not detach the bottom tab on your bib until you receive your t-shirt.

## RACE TRANSPORTATION

As the City of Angels Half Marathon is a point-to-point race, participants must be shuttled to the start line at the Los Angeles Zoo within Griffith Park. There will be no parking at the Zoo or Griffith Park on race day. Two options are available to get you to the starting line at the Zoo: You can either use the shuttle service in downtown Los Angeles or the drop-off location at the Zoo.

## DOWNTOWN LOS ANGELES SHUTTLES

Complimentary shuttle services will be provided on Grand Avenue (across from the Walt Disney Concert Hall) in downtown Los Angeles to get you to the start line at the Zoo. Shuttle buses will begin departing downtown at 5:00 a.m. We ask that you bring a copy of your registration confirmation which was emailed to you. **The last bus will leave Grand Avenue at 6:30am. Please arrive early!**

## DOWNTOWN PARKING & DIRECTIONS

Parking for race-day participants is only available at the Los Angeles Music Center at 135 N. Grand Avenue and at the Walt Disney Concert Hall at 111 S. Grand Avenue, for a reduced fee of \$5. Parking structures open at 4:45 a.m.

### North 101

Exit at Grand Avenue off-ramp, turn right  
Continue straight to the Music Center parking lot between Temple and 1st Streets

### South 101

Exit at Temple Street off ramp, turn left  
At Grand Avenue, turn right  
Continue straight to the Music Center parking lot between Temple and 1st Streets

### North 110

Exit at 4th Street off ramp (Downtown - East)  
Continue straight to Grand Avenue  
At Grand Avenue, turn left  
Continue straight to the intersection of General T.K. Way and Grand Avenue for access to the lower Walt Disney Concert Hall parking lot

### South 110

Exit at 4th Street off ramp (Downtown - East)  
Continue straight to Grand Avenue  
At Grand Avenue, turn left  
Continue straight to the intersection of General T.K. Way and Grand Avenue for parking at the lower Walt Disney Concert Hall parking lot

## LOS ANGELES ZOO DROP-OFF

Avoid downtown parking. Have your family or friends leave you at our "drop-off" location at the Los Angeles Zoo. There is **no parking** available at the Zoo or anywhere else in Griffith Park. You must be picked up at the finish in downtown Los Angeles. No shuttle service will be provided at the end of the race to Griffith Park.

### North 5

Take the 134E / Ventura fwy exit towards Pasadena  
Keep right at the fork, follow signs for Zoo Drive

### South 5

Exit Western Avenue  
Left on Victory  
Left on Zoo Drive

### West 134

Exit Zoo Drive (exit before the I-5)

### East 134

Exit Victory, right at stop sign  
Left of Zoo Drive

## STARTING AREA

Runners are required to remain in the Los Angeles Zoo assembly area at all times and will not be allowed to enter the start line as buses will need to enter and leave the Los Angeles Zoo parking lot freely. Race participants will be called to the start by race officials. Your full cooperation is required to ensure the safety of all participants and to ensure a successful event.

## START

The race is scheduled to begin at 7:30am. Please do not try to push your way to the front - your official time will begin when you cross the start line.

## GEAR CHECK-IN *(Managed by A Runner's Circle - a running apparel and shoe store)*

For your convenience and comfort, gear may be checked at the Los Angeles Zoo assembly area. Gear must be in a bag clearly marked with your race number. Please use the color-coded tag that you received with your bib. Your bag may be picked up at the finish line festivities area on Hill Street. Please do not check-in valuable items through gear-check. Gear handled in this manner is at your own risk. You must provide your own bag for gear check - we will not be providing bags. Please do not check in large or heavy bags.

## WATER & MEDICAL AID STATIONS

Water stations will be located at miles 1, 3, 4, 5, 6, 7.2, 9, 10, 11, 12 and the finish line. Gatorade, in addition to water, will be provided at mile 7.2

Portable restrooms will be available throughout the course. Please see our website for locations.

## FOOD COURT *(Sponsored by Roll International)*

Roll International, the parent company of POM WONDERFUL, PARAMOUNT CITRUS, AND WONDERFUL PISTACHIOS will be graciously providing post-race refreshments for your enjoyment.